

# *10 ways to keep clutter out of your bedroom*

Your bedroom should be a retreat where you can easily relax, unwind and be comfortable. However clutter can easily creep in. The most common clutter culprit is clothing, which can be found on the floor, on surfaces or even starting its own uncontrolled pile. There is nothing worse than starting your day in a manic rush because you can't find your work trousers or watch, which makes you late for work.

To transform your cluttered bedroom into the bedroom of your dreams, all you need to do is get organised and find the right place for everything.

Here are my top ten tips to keep clutter out of your bedroom.



## **1. Choose your bedroom furniture carefully**

We spend an amazing one third of our lives in bed so your bed should be the most important piece of furniture in the room. It needs to be comfy, inviting and warm.

## **2. Plan your room layout**

Give yourself enough space in your bedroom, especially down the sides of your bed. Don't have any tight spots. This keeps your room easy to clean and stops clutter hotspots

## **3. Keep your bedroom a bedroom**

Don't bring bills, work papers or anything stress related into your bedroom. Your bedroom should be a relaxing place, where you can switch off and unwind, not stressing over money or work.

## **4. Have a daily ritual and stick to it**

In the morning wake up and make your bed, this will instantly make your room look neat and presentable. Open the curtains as this will lighten up your room and make it welcoming. At night put your clothes away or in the washing basket. By doing this it means that clutter is less likely to build up.

## **5. Make the most of the space in your bedroom**

Floor to ceiling storage is a great way to do this. This is perfect for storing books, magazines and sentimental items that you want on display. It also stops items cluttering up valuable surfaces such as bedside tables or dressing tables.

## **6. Keep hair appliances and brushes by a mirror**

Contain your hair dryer, straighteners and brushes in a container near a plug socket and by a mirror. As these items are used pretty much everyday they can easily get messy and out of control. A pretty basket or round container are the best for this job.

## **7. Store your bed linen where you use it**

Use the drawers under your bed for your linen so it is quick to access and right where you need it. If you don't have drawers under your bed, slim plastic boxes with lids are a good substitute or if you have space at the end of your bed, an attractive trunk can also be used to store bed linen.

## **8. Stop bedside clutter**

Try and limit what you put on your bedside table. Stick to a lamp, one book, space for a glass of water and a spot for your mobile phone.

## **9. Keep all your clothes in one area of the bedroom**

Keep your chest of drawers near your wardrobe. This stops you wandering around the whole of the bedroom when you are trying to get ready.

## **10. Make a bedroom junk drawer**

If you struggle with bedroom clutter, pick a small drawer and use it as a junk drawer. Put anything in here that you are not sure where it belongs. Make it a monthly task to go through this drawer and sort through anything that you don't need, this can then be thrown out or donated to charity.



For help organising your bedroom call Hannah at HB Professional Organiser on 07979 010 665 to book in for a free consultation.